



FIRM FOUNDATION
CHRISTIAN ACADEMY



School Prospectus

General Guide

2023/24



FIRM FOUNDATION CHRISTIAN ACADEMY

WELCOME.....

to our School!

Firm Foundation Christian Academy is a Private Day and Boarding school situated in the northern side of Harare, in Helensvale Borrowdale community. The school benefits from the purpose-built facilities in a light, airy and spacious building that has been built following state of the art architecture. Firm foundation was established in the year 2021 and is currently in the process of opening a new campus in Norton's Southwood area.

Firm foundation world class education, founded on sound biblical principles, guided by Adventist Standards. The standard of education provided is meant to enable them to meet the challenges of the 21st century.

At Firm Foundation, every child is special and we aim to provide every student with the support they need to

- ✚ Be healthy
- ✚ Stay safe
- ✚ Enjoy and discover and achieve through learning
- ✚ Make a positive contribution to society

Contact Details:

Harare Branch Address

Main Campus
443 Elshaddai Close
Helensvale, Borrowdale
Harare

Norton Branch

Southwood



OUR FOUNDING PRINCIPLES



MISSION STATEMENT

We are committed to providing holistic world class education, founded on sound biblical principles, guided by Adventist Standards, to unlock and develop the full potential of learners to become community and globally-minded future leaders in an ever-changing world.

VISION

Our vision is to develop Christ-like, Competent, Confident, Compassionate and Capable learners who are eager to use their full potential. We do this by providing a welcoming, safe and supportive learning environment where everyone feels equal and all achievements are celebrated.

CORE VALUES

Our shared values are informed by Christian ethos (DIETHRIS):

- Discipline
- Integrity
- Empathy
- Team work
- Hardworking
- Respect
- Innovation
- Service

MOTTO

Preparing students for success in a changing world

ur educational philosophy....

We believe that each child is a unique individual who needs a secure, caring, and stimulating atmosphere in which to grow and mature emotionally, intellectually, physically, and socially, and develop their self-esteem and core values. It is our desire as educators to help students meet their fullest potential in these areas by providing an environment that is safe, supports risk taking, and invites a sharing of ideas. We offer Cambridge syllabus which sets a global standard of education, Cambridge prepares students for life and helps develop informed curiosity and lasting passion for learning. We purpose to attain very high standards and pass rate at both o and a level. Our Teaching team comprises of innovative, passionate and result oriented staff.

O level subjects	A level Subjects
Computer Science	History
ICT	Divinity
Mathematics	Sociology
Accounting	Literature in English
French	Geography
English Language	Business Studies
History	Accounts
Agriculture	Economics
Geography	Physics
Shona	Chemistry
Combined Science	Mechanical Mathematics
From form 3	Pure Mathematics
Religious Education	Computer Science
Literature in English	
Biology	
Physics	
Chemistry	
Business Studies	

Extra-Curricular activities

Firm Foundation activities are intended to allow students experiences that provide them with insight, information, or knowledge that might not be learned within the classroom. As it is widely acknowledged that not all children learn in the same way, field trips allow students the opportunity to expand their learning in ways different from those typically available inside the classroom.

Clubs

LEO	Leadership Experience - young mind development
Toastmaster	Public speaking, and communication skills
Interact club	Focusing on improving social and interacting skills
Art club	Creativity expression
Environmental management (Conservation club)	Environmental stewards
Music, dance and entertainment	Choir, dance and event planners
Chess	Clash of the finest
Media club	Creative writing, journalism, school magazines, and library
Quiz Masters	Debate, quiz and research.

School events, trips and tours

The educational visits provide our learners with valuable experiences which enhance their learning at school. Providing a variety of 'real life' opportunities for our learners enables them to achieve a fuller understanding of the world around them through direct experience. Educational visits are an essential element of our good primary practice.

Annual events

- ❖ Drug campaign and games
- ❖ Love is verb (give love and share to children's home)
- ❖ Africa day- embracing our dynamic culture in Africa
- ❖ Arts and science fair
- ❖ International trip
- ❖ Local trips
- ❖ Day camps and retreats



PHYSICAL EDUCATION...

Summer Sports	
Basketball	Tennis
Swimming	Athletics
Water Polo	Cycling
Hockey	

Winter Sports	
Soccer	Rugby
Volleyball	Netball

District achievements

Attained second place in our district (High Achievers, Direct Contact, King Solomon, Wise Tech College)

Attained first place in soccer and netball

Boarding facilities...

We are committed to providing the best facilities we can and have made major investments in the boarding houses in recent years. Presently there is accommodation for 200 students. We have 3 boarding homes categorised as the Brooke Hostel for form One girls, Budleigh girls' hostel forms Twos to Six and Blue Roof boys Hostel Forms Ones to Six. All 3 homes are a safe environment, creating a family unit atmosphere and belongingness

Boarders are housed throughout the term. We have half term break six weeks into the term, learners have a weekend break at home.

House parents

The boarding facility is under overall direction of the headmaster and are supervised by Boarding Master or Boarding Matron in liaison with the residential staff and housekeeping personnel.

Additional will have teaching staff resident to help during study hours

The Boarding staff are loving compassionate and devoted. House parents play major parental role in grooming and moulding the learners to be in good and standing order taking personal interest in the learners' needs and well-being.

Laundry services

The school offers laundry service at premium per month. The laundry is taken twice per week under the care of a house parent. All laundry items must have name tags for easy identification.

Pocket money

For safe keeping boarder parents are encouraged to hand pocket money to the house parents who will maintain a small journal for cash in and out.

Tuck

Learners can bring tuck in the form of potato crisps, noodles, cookies, juice, cereals, and milk et cetra. We do not allow Zapnax, tinned foods, candies and fizzy drinks

THE CHAPLAINCY



The Chaplain provides pastoral care and guidance to the learners. Runs programs on the culture of the school, the emotional and spiritual well-being of the students. He offers valuable support or students going through a difficult time. Also provides extra-curricular programs on Biblical studies for spiritual growth.

We provide a psycho pedagogic guidance service in our school that gives support to all school Levels. The Chaplain is a key piece in the functional development of the school. Their main task is to watch over and promote the students' psychological development in all its components: psychomotor, intellectual, social, and affective emotional.

They undertake assessment and diagnosis activities, both individually and collectively, in order to detect possible learning problems and disorders. These are complementary actions to those carried out by teachers in classrooms. Their aim is to increase students' integral development and school performance respecting each one's different aspects.

Academic and professional guidance programs, vocational development programs, study strategies and techniques, academic performance improvement techniques, among others.

Personal meetings with parents to ensure close cooperation.

Learners' Welfare

(STUDENT AFFAIRS DEPARTMENT)

The school has a learners welfare department which work to create a positive and nurturing environment for students helping them feel connected to the school community. Also plays a vital role in the well-being of students, providing guidance and support to students on matters such as health, safety, discipline and academic success.

Uniforms

3 blouses/shirts
2 skirts/ trousers
3 sports shorts
2 round neck t-shirts
1 golf t-shirt
1 house t-shirt
5 pairs black socks
1 necktie
1 Anorak
1 jersey
1 blazer
1 school tracksuit
Woollen set (hat gloves and scarf)
1 pair black school shoes
2 pairs white tennis shoes
Winter uniforms (2 slacks and 3 winter shirts)
Swimming trunk/costume

Church uniform

Club uniform (Pathfinder /Ambassador Uniform)

Hostel Requirements

hostel jacket
1 pair blue sheets
2 blankets and 1 cover bed
2 pillow cases
2 pyjamas/night dress
1 morning gown
1 pair slippers
1 bucket
Plate, cup, fork & knife, cereal bowl, spoon
3 bath soaping
1 lotion and deodorant
Vaseline
2*100ml toothpaste
3 small tin shoe polish
Shoe brush
Comb/hair brush
Drying towel
Bathing gloves
Washing powder

Other

2 bottles sanitiser
Raincoat
Work suits



Our meals are prepared by an in-house chef, and serve 3 full meals a day. Boarders with any particular dietary needs must report to the admin before admission. Meals are supervised by stewards, teachers on duty and kitchen staff

Boarder parents must purchase the following grocery items

- ✚ Spaghetti fattis and monis * 5 kgs or 12 packets other brands
- ✚ Macaroni 5kgs fattis and monis or 6kgs other brands
- ✚ Rice 10 kgs (premium or mahatma)
- ✚ Cooking oil 4 litres
- ✚ Peanut butter bottle
- ✚ Jam * 1 bottle
- ✚ Powdered milk *3 everyday or probrand
- ✚ Sugar 4 kgs
- ✚ 18s tissues baby soft brand or similar brand
- ✚ Case baked beans
- ✚ 1 kgs dry beans
- ✚ Mayonnaise (nola or c n b)
- ✚ Bond paper

The Menu

DAY	BREAKFAST	LUNCH	DINNER
MON	SCRAMBLED EGGS, TEA & BREAD	SPAGHETTI BOLONAISE & COLESLAW SALAD	YELLOW RICE & CHICKEN FLAVOURED CHUNKS
TUES	SPREADS JAM, BUTTER, PEANUT BUTTER, TEA & BREAD	MACAROONI & CHICKEN MEAT BALLS	SADZA, CHICKEN STEW & LEAF VEGETABLES
WED	BOILED EGGS, TEA & BREAD	FRESH CHIPS, SAUSAGES & GARDEN SALAD	RICE & SUGAR BEANS
THUR	BEEF POLONY, TEA & BREAD	BRAISED RICE BAKED BEANS & MIXED VEGETABLES	SADZA, BEEF STEW & LEAF VEGETABLES
FRI	VEGETABLE OMELETS, TEA & BREAD	SPAGHETI & BEEF MINCE	RICE & SOYA MINCE
SAT	SPREADS JAM, BUTTER, PEANUT BUTTER, TEA & BREAD	RICE, ROASTED CHICKEN, MIXED VEGETABLES, BEAN SALAD & GARDEN SALAD	CHICKEN & BEEF BURGERS OR CHICKEN MAYO & BEEF POLONY
SUN	BEEF POLONY, TEA & BREAD	BRAISED RICE, SUGAR BEANS, COLESLAW SALAD	SADZA, BEEF SAUSAGE & LEAF VEGETABLES

Weekly Schedule

Saturday

06:00 Wake up devotion, Church preparation
08:00 breakfast
08:45 Song Service (Blue Roof Campus)
09:00 Sabbath school
10:00 Church at Study
11:00 Divine service
12:15 Lunch Break
14:00 Clubs- Pathfinder and Ambassadors
16:00 Vespers
17:00 Free Time
18:00 Super Time
18:30 TV Time
20:00 lights Out

Sunday

06:30 Wake up devotion and bathing
08:00 Room Chores
08:30 Inspection
09:00 Laundry
10:00 Breakfast
10:30 Supervised Outdoor Play and games
11:30 Study/activities
13:00 Lunch
14:00 Swimming/Outdoor activities
16:00 Study (hostel book inspection)
17:00 Bath time
18:00 Supper
19:00 Devotion
19:30 Prep for next day
21:00 Lights out

Weekly Schedule

Monday to Friday

04:00 Wake up, Devotion, beds make up
05:30 Inspection and prep time
06:00 Transport to School
06:30 Study
07:30 Devotion – assembly
08:00 Lessons
10:00 Break
10:30 Lessons
13:00 Lunch
13:45 Lessons, extra-curricular activities and sport (twice a week)
15:00 Dismissal
15:30 Laundry (Tuesday and Thursday) chores
17:00 Free time – bath time
17:30 Dinner
18:30 Study
20:30 Devotion
21:00 Lights out

Over and above this prospectus, it is expected that all Firm Foundation Christian Academy students will be ambassadors of the school.